

## Accreditation Statement

“Application for approval of nursing contact hours has been made to the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.”

An application for 5.0 contact hours has been submitted.

## Objectives

**Upon completion of this program, attendees should be able to:**

- Recognize & Diagnose Myocardial Infarction
- Identify various treatment options for patients suffering from an MI
- Review recognition & management of complications and treatments of MI
- Discuss the pathophysiology of volume overload in heart failure, including cardiorenal syndrome
- Describe the use of diuretic therapy in treating decompensated HF
- Review the use of ultrafiltration as an option in treating volume overload in Heart Failure patients
- Identify evidence based guidelines for the prevention of CV disease in women
- Discuss hormone replacement therapy in women’s CV health risk vs. benefit
- Review emerging treatment options with women in mind
- Identify arrhythmias commonly treated with catheter based ablations
- Describe philosophy involved in determining appropriate therapy for AF
- List the nursing implications of long term antiarrhythmic therapy
- Identify the components of the lipid panel
- Describe the role of vitamin D in lipid management
- Discuss the effects of behavior modification in lipid management
- Review the components of NSR
- Identify various dysrhythmias
- Understand basic heart anatomy related to electrical activity
- Identify vascular disease thru vascular testing modalities
- Differentiate endovascular monitoring vs. repair
- Discuss follow up care for patients with endovascular intervention
- Discuss current dietary strategies
- Review components of a heart healthy diet
- Review current dietary recommendations for patients with cardiac disease

BryanLGH Heart Institute  
1600 South 48th Street  
Suite 600  
Lincoln, NE 68506



# 2008 Nurses' Cardiology Conference



Saturday, October 18, 2008

Registration: 7:00am

Conference: 7:30am—3pm

Embassy Suites Hotel

1040 P Street

Lincoln, NE

## 2008 BHI NURSES' CARDIOLOGY CONFERENCE

The BryanLGH Heart Institute will host the 6th Annual Nurses' Cardiology Conference, which will cover the latest developments in cardiovascular medicine. The conference will feature a variety of presentations by BHI physicians and staff.

**W**hen: Saturday, October 18  
Registration: 7:00-7:30am  
Conference: 7:30am-2:00pm

**W**here: Embassy Suites Hotel  
1040 P Street  
Lincoln, NE

For an interactive map of the downtown Lincoln area, please visit [www.parkitdowntown.org](http://www.parkitdowntown.org).

**R**egistration: Space is limited. Please complete the attached form and mail it with your complete payment. Once you are registered, you will receive a confirmation email prior to the conference with a detailed map of downtown Lincoln, parking information and your conference schedule. Breakfast and lunch will be provided.



## SCHEDULE

- |                 |  |
|-----------------|--|
| 7:00am          | Registration and Breakfast   |
| 7:25-7:30am     | Welcome  |
| 7:30-8:30am     | <b>Treatment of Acute Myocardial Infarction 2008 Update</b><br><i>Timothy Gardner, MD, FACC</i>                                      |
| 8:30-9:30am     | <b>Breakout Session #1</b><br><b>Sink or Swim...</b><br><b>Managing Fluids in Heart Failure</b><br><i>Pat VerMaas, RN, MSN, APRN</i> |
|                 | <b>Following Her Heart...</b><br><b>Women's issues in CV medicine</b><br><i>Melissa Cheatham, PA</i>                                 |
|                 | <b>Faulty Circuits...</b><br><b>Shocking Truth Revealed</b><br><i>Kathy Ripley, RN</i>   |
| 9:30-10:00am    | <b>BREAK—Visit exhibitors</b>  |
| 10:00-11:00am   | <b>Breakout Session #2</b><br><b>Do These Lipids Make Me Look Fat</b><br><i>Kris Fortney, RN</i>                                     |
|                 | <b>We've got rhythm...</b><br><b>Who could ask for anything more</b><br><i>Ellajean Bledsoe, PA-C</i>                                |
|                 | <b>Faulty Circuits...</b><br><b>Shocking Truth Revealed</b><br><i>Kathy Ripley, RN</i>   |
| 11:00am-12:00pm | <b>LUNCH (will be provided)</b>  |
| 12:00-1:00pm    | <b>Breakout Session #3</b><br><b>We've got rhythm...</b><br><b>Who could ask for anything more</b><br><i>Ellajean Bledsoe, PA-C</i>  |
|                 | <b>Sink or Swim...</b><br><b>Managing Fluids in Heart Failure</b><br><i>Pat VerMaas, RN, MSN, APRN</i>                               |
|                 | <b>PVD - Head to toe</b><br><b>Need to treat... or let it go</b><br><i>Danelle Homeyer, RN</i>                                       |
| 1:00-2:00pm     | <b>An apple a day...</b><br><i>Joseph Kummer, MD</i>   |
| 2:00-2:30pm     | <b>Drawing</b>   |
| 2:30-2:45pm     | <b>Closing comments</b>  |

## REGISTRATION FORM

Please fill out the information below to register for the 2008 BHI Nurses' Cardiology Conference.  
**Please print or type clearly.** Mail registration form as soon as possible to the address below.  
**Or Email Request for Email Registration to [ty.westover@bhi-1.com](mailto:ty.westover@bhi-1.com) **Space is limited.****  
Registration fee: \$59 per person  
*(Full payment must accompany registration.)*

Name \_\_\_\_\_  
Profession/Specialty \_\_\_\_\_ Organization \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail Address *(Please Print Clearly for Confirmation Information)* \_\_\_\_\_

**Please select one breakout topic per session.**

<b>Breakout Session #1—8:30-9:30am</b>		<b>Presenter</b>
<input type="checkbox"/> CHF Management		Pat VerMaas, RN, MSN, APRN
<input type="checkbox"/> Women's Issues		Melissa Cheatham, PA
<input type="checkbox"/> Faulty Circuits		Kathy Ripley, RN
<b>Breakout Session #2—10:00-11:00am</b>		<b>Presenter</b>
<input type="checkbox"/> Lipids		Kris Fortney, RN
<input type="checkbox"/> Rhythms		Ellajean Bledsoe, PA-C
<input type="checkbox"/> Faulty Circuits		Kathy Ripley, RN
<b>Breakout Session #3—12:00-1:00pm</b>		<b>Presenter</b>
<input type="checkbox"/> Rhythms		Ellajean Bledsoe, PA-C
<input type="checkbox"/> CHF Management		Pat VerMaas, RN, MSN, APRN
<input type="checkbox"/> Peripheral Vascular Disease		Danelle Homeyer, RN

Method of Payment  
 Check       Cash       Visa       MasterCard

Credit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

**Email Request for E-mail Registration to: [ty.westover@bhi-1.com](mailto:ty.westover@bhi-1.com)**  
Or  
Mail registration and payment to: BryanLGH Heart Institute  
Attn: Nurses' Conference  
1600 South 48th Street Suite 600  
Lincoln, NE 68506  
Please make checks payable to: BryanLGH Heart Institute

Contact Ty Westover at [ty.westover@bhi-1.com](mailto:ty.westover@bhi-1.com)  
or phone at: 402-483-3316 with any questions.

